

CRUTCHES

Owner's Manual – MOB1080

Sizes	Inches
Youth	4'6 – 5'2
Adult	5'2 – 5'10
Tall	5'10 – 6'6

For the Best Fit use the Instructions below:

1. Adjust the height by using the push pin towards the bottom of the device and extend the extension bar either in or out to find the height that is best for you.
2. Adjust the hand grip to fit for your specific arm height. To do this simply undo the wing nut and replace the long screw and hand grip either on a higher or lower placement hole. Tightly and securely screw the wingnut back on once you have your new placement. The middle placement should work best for most but not all.
3. Always perform safety checks to make sure your wingnut is tightly screwed on, your push pin for the height adjuster is not depressed or mispositioned for your height and make sure there is not any significant wear on the feet of your crutches needing them to be replaced. Note: Requires $\frac{7}{8}$ " crutch tip.

WARNING

- Use after proper training from a licensed physician
- Replace crutch tips if worn
- Use extra caution on wet or slippery surfaces
- Maximum user weight: 300lbs

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